

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p style="text-align: center;">LENTEN CALENDAR – 2026</p> <p style="text-align: center;">Holy Childhood Association – 2219 Kennedy Road Toronto ON, M1T 3G5, Canada</p>			<p style="text-align: center;">February 18</p> <p style="text-align: center;">ASH WEDNESDAY</p> <p>Attend Mass or an Ashes Liturgy at school or in your Parish. Remember to observe Fast and Abstinence.</p>	<p style="text-align: center;">February 19</p> <p>Make a personal plan for Lent. Does your family have one together?</p>	<p style="text-align: center;">February 20</p> <p>Think about Lenten traditions that are important to you.</p>	<p style="text-align: center;">February 21</p> <p>Go to the Sacrament of Reconciliation if you have made your first Confession.</p>
<p style="text-align: center;">February 22 1st Sunday of Lent</p> <p>What have you given up for Lent? Is it part of your plan?</p>	<p style="text-align: center;">February 23</p> <p>Do someone else's chore today.</p>	<p style="text-align: center;">February 24</p> <p>Make an extra effort to cooperate with teachers in school today.</p>	<p style="text-align: center;">February 25</p> <p>Pray for our HCA project in Egypt.</p>	<p style="text-align: center;">February 26</p> <p>Contribute to a local food bank in your town, parish or school.</p>	<p style="text-align: center;">February 27</p> <p>Attend/Pray the Stations of the Cross.</p>	<p style="text-align: center;">February 28</p> <p>Go to the Sacrament of Reconciliation, if you have made your first Confession.</p>
<p style="text-align: center;">March 1 2nd Sunday of Lent</p> <p>Treat it like a weekday in Lent. Keep to your plan.</p>	<p style="text-align: center;">March 2</p> <p>Lent is about fasting. What else can you give up today?</p>	<p style="text-align: center;">March 3</p> <p>Play with someone with whom you haven't yet played.</p>	<p style="text-align: center;">March 4</p> <p>Lent is about praying. Say an extra prayer today for a successful Lenten journey.</p>	<p style="text-align: center;">March 5</p> <p>Lent is about sacrifice. What else can you do?</p>	<p style="text-align: center;">March 6</p> <p>Attend/Pray the Stations of the Cross.</p>	<p style="text-align: center;">March 7</p> <p>Lent is about forgiveness. Who can you forgive today?</p>
<p style="text-align: center;">March 8 3rd Sunday of Lent</p> <p>Oculi Sunday: let your <u>eyes</u> look to the Lord</p>	<p style="text-align: center;">March 9</p> <p>International Women's Day (March 8). Pray for oppressed women in mission countries.</p>	<p style="text-align: center;">March 10</p> <p>Feast of The Annunciation. Say a Missionary Rosary and concentrate on the Joyful Mysteries.</p>	<p style="text-align: center;">March 11</p> <p>Lent is about almsgiving. What can you give today?</p>	<p style="text-align: center;">March 12</p> <p>How can you show more forgiveness and justice to your friends and family?</p>	<p style="text-align: center;">March 13</p> <p>Attend/Pray the Stations of the Cross.</p>	<p style="text-align: center;">March 14</p> <p>Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.</p>
<p style="text-align: center;">March 15 4th Sunday of Lent</p> <p>Laetare Sunday: Rejoice! Easter is coming.</p>	<p style="text-align: center;">March 16</p> <p>Do something nice for your mother and/or father.</p>	<p style="text-align: center;">March 17</p> <p>Saint Patrick's Day He was a missionary: say the HCA Mission prayer today.</p>	<p style="text-align: center;">March 18</p> <p>In addition to giving up something(s) for Lent, what else are you doing?</p>	<p style="text-align: center;">March 19</p> <p>Feast of St Joseph, Spouse of Mary. Say a Missionary Rosary and concentrate on the Joyful Mysteries.</p>	<p style="text-align: center;">March 20</p> <p>Attend/Pray the Stations of the Cross.</p>	<p style="text-align: center;">March 21</p> <p>International Day for the Elimination of Racial Discrimination</p> <p>Pray for justice. Go to the Sacrament of Reconciliation, if you have made your first Confession.</p>
<p style="text-align: center;">March 22 5th Sunday of Lent</p> <p>Are you holding on to your resolutions?</p>	<p style="text-align: center;">March 23</p> <p>World Water Day (March 22) - Pray for HCA health projects.</p>	<p style="text-align: center;">March 24</p> <p>Lent is about perseverance. Keep going!</p>	<p style="text-align: center;">March 25</p> <p>Feast of the Annunciation. Say a Missionary Rosary and concentrate on the Joyful Mysteries.</p>	<p style="text-align: center;">March 26</p> <p>Try visiting an unfamiliar Church: make a special visit for Lent.</p>	<p style="text-align: center;">March 27</p> <p>Attend/Pray the Stations of the Cross.</p>	<p style="text-align: center;">March 28</p> <p>Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.</p>
<p style="text-align: center;">March 29 Palm/Passion Sunday</p> <p>Holy Week begins - Get blessed palms for your home from your Parish.</p>	<p style="text-align: center;">March 30</p> <p>Make an extra effort to observe your Lenten promises this week.</p>	<p style="text-align: center;">March 31</p> <p>Say the Divine Mercy Chaplet. (See Lenten activities on the web site).</p>	<p style="text-align: center;">April 1</p> <p>Quietly reflect on your Lenten journey. Has it been a success?</p>	<p style="text-align: center;">April 2</p> <p>HOLY THURSDAY Attend the Mass of the Lord's Supper.</p>	<p style="text-align: center;">April 3</p> <p>GOOD FRIDAY Attend the Good Friday Liturgy and/or Stations of the Cross. Remember to observe Fast and Abstinence.</p>	<p style="text-align: center;">April 4</p> <p>HOLY SATURDAY Try to attend the Easter Vigil.</p>
<p>April 5 - EASTER SUNDAY</p> <p>Attend Mass if you didn't go to the Vigil. Then, CELEBRATE !!!</p>						