


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 LENTEN CALENDAR – 2022 Holy Childhood Association – 2219 Kennedy Road, Toronto ON M1T 3G5, Canada			March 2 ASH WEDNESDAY Attend Mass or an Ashes Liturgy at school or in your Parish. Remember to observe Fast and Abstinence.	March 3 Think about putting a plan together for observing Lent.	March 4 As well as a personal plan for Lent, does your family have one together?	March 5 Think about Lenten traditions that are important to you.
March 6 - 1st Sunday of Lent What have you given up for Lent? Is it part of your plan?	March 7 Pray to Saints Perpetua and Felicity. Today is their feast day.	March 8 International Women’s Day. Pray for oppressed women in missionary countries.	March 9 Pray for our HCA projects in India.	March 10 Contribute to a local food bank in your town, parish or school.	March 11 Attend/Pray the Stations of the Cross.	March 12 Go to the Sacrament of Reconciliation, if you have made your first Confession.
March 13 - 2nd Sunday of Lent Treat it like a weekday in Lent. Keep to your plan.	March 14 In addition to giving up something(s) for Lent, what else are you doing?	March 15 Make an extra effort to work hard in school today.	March 16 Try to give up some time on video games, if that is not one of your resolutions.	March 17 St Patrick’s Day He was a missionary: say the HCA Mission prayer today.	March 18 Attend/Pray the Stations of the Cross.	March 19 Feast of St Joseph, Husband of Mary.
March 20- 3rd Sunday of Lent Oculi Sunday Keep your eyes on the Lord!	March 21 International Day for the Elimination of Racial Discrimination- Pray for justice.	March 22 World Water Day Pray for HCA health & environmental projects.	March 23 How can you show more forgiveness and justice to your friends and family?	March 24 International Day of Remembrance of the Victims of Slavery (March 25) - Pray for victims of child slavery.	March 25 Feast of The Annunciation of the Lord. Pray the Missionary Rosary with your family and concentrate on the Joyful Mysteries.	March 26 Go to the Sacrament of Reconciliation, if you have made your first Confession.
March 27 - 4th Sunday of Lent Laetare Sunday: Rejoice!	March 28 Lent is about praying. Say an extra prayer today for a successful Lenten journey.	March 29 Lent is about fasting. What else can you give up today?	March 30 Lent is about almsgiving. What can you give today?	March 31 Try visiting an unfamiliar Church: make a special visit for Lent.	April 1 Attend/Pray the Stations of the Cross.	April 2 Go to the Sacrament of Reconciliation, if you have made your first Confession.
April 3 - 5th Sunday of Lent Passion Sunday until 1969, now celebrated on Palm Sunday.	April 4 Pray to St Isidore , Bishop and Doctor of the Church. Today is his feast day.	April 5 Pray to St Vincent Ferrer , priest and Dominican missionary. Today is his feast day.	April 6 Lent is about forgiveness. Who can you forgive today?	April 7 Feast of St Jean Baptist de la Salle , patron of teachers. Work hard in school today!	April 8 Attend/Pray the Stations of the Cross.	April 9 Go to the Sacrament of Reconciliation, if you have made your first Confession.
April 10 Palm/Passion Sunday: Holy Week begins - Get blessed palms for your home from your Parish.	April 11 Make an extra effort to observe your Lenten promises this week.	April 12 Replace 30 minutes of something you like (ie videos) with 30 minutes of prayer/reflection.	April 13 Make an extra effort to be patient and observe your Lenten resolutions this week.	April 14 HOLY THURSDAY Attend the Mass of the Lord's Supper.	April 15 GOOD FRIDAY Attend the Good Friday Liturgy and/or Stations of the Cross. Remember to observe Fast and Abstinence.	April 16 HOLY SATURDAY Try to attend the Easter Vigil.
April 17 - Easter Sunday		Attend Mass if you didn’t go to the Vigil. Then,			C E L E B R A T E !!!	