

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LENT 2018			Feb 14 ASH WEDNESDAY Attend Mass or an Ashes Liturgy. Remember to observe Fast and Abstinence.	Feb 15 Research St Valentine. How did he reflect Lenten values?	Feb 16 Attend/Pray the Stations of the Cross.	Feb 17 Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.
Feb 18 1st Sunday of Lent	Feb 19 What have you given up for Lent?	Feb 20 World Day of Social Justice Pray for Social Justice.	Feb 21 Pray for our HCA projects in South Africa.	Feb 22 Contribute to a local food bank in your town, parish or school.	Feb 23 Attend/Pray the Stations of the Cross.	Feb 24 Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.
Feb 25 2nd Sunday of Lent	Feb 26 In addition to giving up something(s), what are you doing for Lent?	Feb 27 Pray for HCA projects in Haiti.	Feb 28 Try to give up some time on video games, if that is not one of your resolutions.	March 1 Pray for lay missionaries throughout the world.	March 2 World Day of Prayer Pray for peace and justice in the world.	March 3 Go to the Sacrament of Reconciliation, if you have made your first Reconciliation
March 4 3rd Sunday of Lent	March 5 Pray for the unemployed in Canada and our mission countries.	March 6 Try to fast from indifference and intolerance of others.	March 7 How can you show more forgiveness and justice to your friends and family?	March 8 International Women's Day Pray for oppressed women in missionary countries.	March 9 Attend/Pray the Stations of the Cross.	March 10 Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.
March 11 4th Sunday of Lent	March 12 Lent is about praying. Say an extra prayer today for a successful Lenten journey.	March 13 Lent is about fasting. What else can you give up today?	March 14 Lent is about almsgiving. What can you donate today?	March 15 Lent is about forgiveness. Who can you forgive today?	March 16 Attend/Pray the Stations of the Cross.	March 17 St Patrick's Day Pray for missionary priests throughout the world.
March 18 5th Sunday of Lent	March 19 Feast of St Joseph Pray the missionary Rosary as a family.	March 20 Tell and show your family members how much you love them.	March 21 International Day for the Elimination of Racial Discrimination Pray for justice.	March 22 1st day of Spring Research the concept of spring as applied to the Christian beliefs Easter.	March 23 World Water Day Pray for HCA health & environmental projects.	March 24 Feast of the Annunciation Pray the missionary Rosary with your family or friends.
March 25 - Palm/Passion Sunday Holy Week begins Get blessed palms for your home from your Parish.	March 26 Make an extra effort to help around the house this Holy Week.	March 27 Go to the Sacrament of Reconciliation, if you have made your first Reconciliation.	March 28 Make an extra effort to be patient and observe your Lenten resolutions this week.	March 29 HOLY THURSDAY Attend the Mass of the Lord's Supper.	March 30 GOOD FRIDAY Attend the Good Friday Liturgy and/or Stations of the Cross. Remember to observe Fast and Abstinence.	March 31 HOLY SATURDAY Try to attend the Easter Vigil.
April 1 Easter Sunday CELEBRATE !!!						

He is Risen, Alleluia, Alleluia...

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